## LAUGH BACK THE LIGHT AN IMPROV WORKSHOP FOR WOMEN SATURDAY FEBRUARY 29TH!

10am to 5pm,,, at the Historic Olema School House in beautiful POINT REYES!



de-compress

de-stress

## and un-plug!

This is an invitation to stretch yourself, release the stress, open wide to spontaneity and reconnect to your life saving sense of humor!

...just imagine a whole day where women come together to play, collaborate, connect and LAUGH!

The Workshop is a kitchen-sink fusion of improv, movement, music and story-telling!

**Pamela Stoneham** brings her skills gathered over 30 yrs to her workshops. She is a strong advocate for using the arts to empower and heal and provides a "playground" that is supportive and FUN!

The gifted HARMONY GRISMAN will be providing the musical inspiration for the Workshop!

**Pre-Registration is required** - Cost for Workshop is \$ 95. (confirmation /directions will be sent to you after your registration is received)

To Pay On-Line - @ www.stonehamstudios.com/soulplay

Or check to: Pamela Stoneham 6725 SW Pt. Robinson Rd., Vashon, WA 98070